



Chastisement of your Child/Children

Information leaflet for parents recently arrived in the UK

(To translate this leaflet cut and paste text into Google Translate)

In the UK, some punishments of children are considered harmful and known to have long term and lasting effects on your child.

How much do you know about what is legal when it comes to childcare in the UK?

You might be interested in information about how the law deals with parenting in this country.

Do you know that it might be illegal to punish your child in some ways? This also applies to anyone who you use to help look after or educate your child.

The following forms of physical chastisement of children are not legal in the UK:

- Use of a cane, rope, phone charger, or any other implements to harm the child
- Being put into positions that are physically uncomfortable for long periods of time, for example making the child kneel as a punishment
- Using pepper on the child as a punishment
- Causing bruising to the child

There may also be other forms of physical harm not in this list that would be considered illegal and for which you could be charged by the police for using such means of chastisement.

This could mean that children's social care could become involved and it could lead to your children being removed from your care and placed in foster care. Social care could also begin court proceedings.

Please see the following for further information to update your knowledge on appropriate and safe parenting methods:

https://triplep.uk.net

https://afruca.org

https://ncpcc.org.uk

For more information about acceptable ways of setting boundaries for your children you could ask your school, health visitor or doctor for guidance.